



Hunter's Fleet Ltd and The Norfolk Heritage Fleet Trust

RYA Keelboat Level 1&2 Combined (5 Day) – Course Outline

	Day 1	Day 2	Day 3	Day 4	Day 5
AM	<ul style="list-style-type: none"> • Course Enrollment / Outstanding Admin • Welcome to Hunter's • Staff / Student Introductions • Course format / overview / outcomes • Safety Briefing • Kit Check • Go Sailing! <i>(introduction to yachts and sailing area)</i> 	<ul style="list-style-type: none"> • Downwind sailing • Gybing • Sailing (efficiently) to windward • Speed control / Stopping / Coming Alongside • Points of Sail / basic Sail theory 	<ul style="list-style-type: none"> • Rigging / Reefing / Ropework / Winches • Sailing Refresher • More about our weather 	<ul style="list-style-type: none"> • Practical application of the five essentials and rules of the road • Coming alongside a moored boat • What to do when things go wrong! • Tides and local weather effects 	<ul style="list-style-type: none"> • Sail a short passage to new destination • More River sailing techniques • Putting it all together! Sailing a triangular course
PM	<ul style="list-style-type: none"> • Rigging / Ropework • Orientation and basic boat control • Going About (Tacking) • Sailing to Windward • Five Essentials • About the weather 	<ul style="list-style-type: none"> • Actions to recover Man Overboard • Basic Rules to avoid other boats • What to do when things go wrong! • Putting it all together 	<ul style="list-style-type: none"> • Boat and gear checklists • Sailing refresher, finer points of tacking and gybing • Coming alongside a mooring • Lee shores, sailing in close proximity with other boats • Rules of the road and local byelaws 	<ul style="list-style-type: none"> • River Sailing • Practical application of tide and wind • Mooring, departing from a lee shore 	<ul style="list-style-type: none"> • Introduction to Racing • Fun Session on the water • Student feedback forms / Logbook signing • Individual interviews / Award certificates

This course outline may need to be modified for any individual course as it will be dependent upon the weather, equipment availability, the number of students on a course and students progress during the course